Student Isolation Process
WHAT YOU MUST DO IN THE FOLLOWING CIRCUMSTANCES

**Symptomatic**
Student feels ill - check symptoms with NHS 111

**Asymptomatic**
University testing programme

**Test & Trace**
Contacted by NHS or University as you've had contact with a positive tested person

**ADVISE PORTERS LODGE**
COVID-19 suspected
Self-isolate and arrange for test through Uni or NHS
REGISTER THROUGH UNIVERSITY ONLINE FORM

**Stay in your room** unless going for a test or in an emergency
Whole household must self-isolate
Inform Porters of test results

**Symptomatic**

- **Student**
  
  **NO KITCHEN USE**
  If positive, isolate for 10 days from symptoms start date

- **Rest of Household**
  Use Kitchen ALONE observing all recommended sanitising & face covering protocols. Isolate for 10 days from symptoms start date

**Asymptomatic**

- **University testing programme**
  Consent to University weekly test taken on a Monday. Results expected on a Tuesday.
  If a POSITIVE result, college & student will be notified and whole household to go into isolation
  Free to act normally until between test on Monday and results on Tuesday (assuming not already in isolation for some reason)

- **Positive Result**
  Another test will be arranged by Uni for individuals in household
  NO KITCHEN USE until individual results received

- **Negative Result**
  Whole household can resume normal life immediately assuming no symptoms have developed

**Test & Trace**

- **Contacted by NHS or University**
  **REGISTER THROUGH UNIVERSITY ONLINE FORM**
  
  **No Symptoms**
  Isolate for 10 days from last contact with positive person
  Rest of household doesn't need to isolate
  Ok to use kitchen ALONE and observing all recommended sanitising & face covering protocols

- **With Symptoms**
  Book a test through NHS or Uni
  Rest of household need to isolate
  Follow symptomatic instructions

- **Positive Result**
  Household and symptomatic student(s) continue isolating for 10 days
  NO KITCHEN USE FOR POSITIVE STUDENT(S)
  Rest of household can use Kitchen ALONE observing all sanitising & face covering protocols

- **Negative Result**
  Whole household can resume normal life immediately assuming no symptoms have developed

Inform Porters of test results
You will be contacted by the key college departments who will offer the following support:

- Your tutor will contact you for pastoral support as will the Health Adviser for current health status and COVID vulnerability.
- The Porters will bring you both an Isolation and Health Pack. They will also agree PEEP Emergency Evacuation Plan with you.

Student test results received:
- Student to inform Porters of result.

NEGATIVE RESULT:
- Can resume normal life if everyone in your household is negative/still not symptomatic and you feel well.

SYMPTOMATIC:
- NO KITCHEN USE
- Will be contacted by Catering Dept. for meal deliveries (breakfast/lunch/dinner) – you should continue to use the UPAY booking system.

NOT SYMPTOMATIC:
- You can use kitchen ALONE
- Will be contacted by Catering Dept. for meal deliveries (just lunch/dinner) – you should continue to use the UPAY booking system.

POSITIVE RESULT:
- Support structures above continue.
- ABSOLUTELY NO KITCHEN USE for positive student, REMAIN IN ROOM UNTIL 10 DAYS AFTER SYMPTOMS STARTED.
- If your health deteriorates further, in particular breathing difficulties or an inability to carry out normal day to day activities, contact the Porters.
- Rest of household to continue isolating for 10 days from the positive student’s first symptom.
Household pooled test results received
*Directly from University Tuesday mornings*

**NEGATIVE RESULTS**
for whole household
Can resume normal life immediately

**NO KITCHEN USE**
Will be contacted by Catering Dept. for meal deliveries (lunch/dinner) – you should continue to use the UPAY booking system

**POSITIVE RESULT**
Whole household to isolate
Support system below will commence
All students will have new individual tests arranged by the Uni at Addenbrookes or Engineering Dept

Your tutor will contact you for support as will the Health Adviser

Individual test results received
*Directly from University on Wednesday/Thursday*

**NEGATIVE RESULT**
If no individual student tests positive household must remain in isolation until re-testing can take place

**POSITIVE RESULT**
Support system above continues and meal deliveries increased to include breakfast for positive student only. Meal deliveries allowed for rest of household for lunch/dinner only. 
NO KITCHEN USE for positive student, REMAIN IN ROOM UNTIL 10 DAYS AFTER TEST DATE
If your health deteriorates further, in particular breathing difficulties or an inability to carry out normal day to day activities, contact the Porters
Rest of household can use kitchen ALONE but need to isolate for 10 days

The Porters will bring you both an Isolation and Health Pack
They will also agree PEEP Emergency Evacuation Plan with you
You will be contacted by the key college departments who will offer the following support:

- **Your tutor will contact you for pastoral support as will the Health Adviser for current health status and COVID vulnerability.**

**Test results received (if taken because of symptoms)**

- **Student to inform Porters of results**
  - **NEGATIVE RESULT**
    - Continue to self-isolate for the rest of the 10 day period since last contact with track & trace positive person
    - Rest of household can stop isolating if they are not symptomatic
  - **SYMPTOMATIC**
    - NO KITCHEN USE
    - Will be contacted by Catering Dept. for meal deliveries (breakfast/lunch/dinner) – you should continue to use the UPAY booking system
  - **NOT SYMPTOMATIC**
    - You can use kitchen ALONE
    - Will be contacted by Catering Dept. for meal deliveries (just lunch/dinner) – you should continue to use the UPAY booking system

- **Porters will bring you both an Isolation and Health Pack. They will also agree PEEP Emergency Evacuation Plan with you.**

- **POSITIVE RESULT**
  - Support structures above continue
  - ABSOLUTELY NO KITCHEN USE for positive student, REMAIN IN ROOM UNTIL 10 DAYS AFTER SYMPTOMS STARTED
  - If your health deteriorates further, in particular breathing difficulties or an inability to carry out normal day to day activities, contact the Porters
  - Rest of household to continue isolating for 10 days from the positive student’s first symptom
USEFUL WEBSITES

When to get a COVID Test

What to do with test results

University Online Monitoring Form

Book NHS COVID Test

Track & Trace Isolation Information

Stay Safe Cambridge Uni
https://www.cam.ac.uk/coronavirus/stay-safe-cambridge-uni

Gov Stay at Home Guidance
USEFUL CONTACTS

Porters Lodge:
- Telephone: 01223 747111
- Email: porters@homerton.cam.ac.uk

Isolation Team Email:
Hom-Isolation-Team@homerton.cam.ac.uk

College Health Advisor Email:
sc606@homerton.cam.ac.uk

University COVID Helpdesk:
01223 339514 or COVID-Helpdesk@admin.cam.ac.uk