Recommended 5 portions of fruits & vegetables every day.

Your Daily References
- Energy: 2000 kcal
- Total fat: < 70g
- Saturates: < 20g
- Carbohydrates: > 260g
- Sugars: < 90g
- Protein: 50g
- Salt: < 6g
(NHS)

A Taste of the East

All whole eggs are free-range.

Our Water
Rather than single use glass bottles, we reuse bottles from our water filtration system. This means zero food miles!

All our tea & coffee is triple certified as organic, fair-trade & Rainforest Alliance certified.

Homerton College Catering have been winners of the Silver Sustainable Award from Cambridge Sustainable Food.