



Change in the Community: Do Good by Volunteering

This event is led by Homerton Changemakers Ambassadors, in collaboration with the JCR (Ben Ward) and MCR (Kogulan Vipalan): Jesimiel Akinsuyi, Dami Ogunlana, Kate Lucas, Yusuf Khalil, Sam Estoe, Josh Moreton, Aurora Gao, Janna Chowdhury, Vincenzo Di Bartolo and Mikha'el Seth

Date: Monday 29th January 2024

Time: 15:30 - 19:30

Venue: Fellows Dining Room

Agenda

- 15:30 - 15:50 Registration over tea and coffee
- 15:50 - 15:55 Welcome from Dr Wood, Academic Director, [Homerton Changemakers](#)
- 15:55 - 16:00 Welcome from JCR and MCR
- 16:00 - 16:20 A 2 minute introduction from each Charity
- 16:20 - 16:35 Round table discussion 1: [ANDYSMANCLUB](#)
- 16:40 - 16:55 Round table discussion 2: [Cambridge Refugee Resettlement Campaign \(CRRC\)](#)
- 17:00 - 17:15 Round table discussion 3: [Cambridge Sustainable Food](#)
- 17:15 - 17:25 Comfort Break
- 17:25 - 17:40 Round table discussion 4: [Cambridge Science Centre | STEM education for children](#)
- 17:45 - 18:00 Round table discussion 5: [The St John's Centre](#)
- 18:05 - 18:20 Round table discussion 6: [Make A Smile](#)
- 18:25 - 18:40 Round table discussion 7: [Uniark](#)
- 18:45 - 19:00 Round table discussion 8: [Cambridge SCA](#)
- 19:05 - 19:30 Networking with Charities over Pizza and Beers/Drinks



List of Charities Involved:

[ANDYSMANCLUB](#)

ANDYSMANCLUB are a men's suicide prevention charity, offering free-to-attend peer-to-peer support groups across the United Kingdom and online. They want to end the stigma surrounding men's mental health and help men through the power of conversation.

[Cambridge Refugee Resettlement Campaign \(CRR\)](#)

This is a charitable incorporated organisation founded in 2015 in response to the refugee crisis created by the war in Syria. Their objective is to campaign for and assist in the resettlement of refugees in Cambridge by liaising closely with Cambridge City and South Cambridgeshire District Councils. They also provide support for asylum-seekers in local hotels and in the community, and to displaced Ukrainians. Adult English lessons are also provided and creche facilities so mothers can also attend these classes as well as tutoring for secondary school aged children. They also help to integrate those seeking refugees with fun after school and holiday activities and ensure all new families have bikes. They also work together with CamCrag, also formed in 2015 by volunteers in Cambridge to aid the refugee crisis in Calais and are currently around 2000 people sleeping rough. Their support is immense to the resettlement campaign and creating a community for refugees to feel less anxious and more accepted.

[Cambridge Sustainable Food](#)

Cambridge Sustainable Food CIC exists to build a fairer, more sustainable food system which supports the community and the environment. We believe that through rethinking our food system, we can address some of today's most pressing social, economic and environmental challenges. We work with businesses, organisations, other non-profits, local authorities and communities to inspire and enable change across our city towards healthy and sustainable food for all. We are the lead organisation for the city's dynamic local food partnership. The partnership is a member of Sustainable Food Places; a network of over 70 places taking action around the UK. We received a Silver SFP Award last year on behalf of the city and aim to achieve gold by 2024 [#GoldFoodCambridge](#)

[Cambridge Science Centre | STEM education for children](#)

For the past decade, Cambridge Science Centre has been dedicated to inspiring and nurturing a passion for STEM (Science, Technology, Engineering, and Maths) among the young people of the East of England. We do this for three principal reasons. Firstly, research proves that a lifelong association with STEM improves young people's life chances and can transform their opportunities. Secondly, our work is life-enhancing. Our programmes bring joy and revelation – changing the way young people see themselves and the world around them. Finally, the existing formal systems for STEM education are failing many young people. Additionally, our focus on young learners in underserved communities is driven by a desire to address the lack of diversity in STEM professions. By engaging with a broad and diverse range of young people, we hope to break down the barriers that prevent many talented and promising children from pursuing fulfilling careers in STEM.



[The St John's Centre](#)

The St John's Centre is part of and run by St John's Church, and our Christian faith informs our vision to provide a welcoming, hospitable and diverse community hub within Queen Edith's ward. We welcome members of the local community, of all faith backgrounds and none, to make use of the Centre's facilities and our green spaces outside.

Our current opportunities for social justice and volunteering include the St John's Friendship Café, part of the Queen Edith's Warm Welcome initiative for those who are unable to heat their homes this winter. The café runs on Mondays from 3-5pm, December-March, and we welcome new volunteers. We also run a monthly Community Lunch, and help to steer the Queen Edith's Food Hub at St James, Wulfstan Way. In the recent past, we have

joined with other local churches and institutions to support projects such as the Cambridge Churches' Homelessness Project and a 'Kids Matter' parenting project. Many local organisations also operate out of our Centre, and welcome volunteers or participants, including the local uniformed groups.

[Make A Smile](#)

Make a Smile Cambridge is the local, student-led chapter of Make a Smile, a charity involved in bringing joy to children through dress up and play. Make a Smile was initially founded in Cardiff in 2016 and has since expanded to 29 different chapters (or branches) across Europe (especially the UK). Our volunteers dress up as all your favourite childhood characters, from Disney princesses to Marvel superheroes. We go to venues such as libraries, schools and hospitals and spend time with children, including playing with them and reading to them. And not only is this fun for them, but we also have a great time! We are passionate about ensuring that all children get the opportunity to have the childhood they deserve, irrespective of illness or disability. We also believe that everyone should have the chance to volunteer and make a difference, so please tell your friends about us and sign up if this sounds like something you would be interested in!

[Uniark](#) Empowering Persecuted Communities, Breaking Barriers

UniArk taps into the talent and future of a demography in the world so often overlooked by universities and countries - the persecuted minority (ethnic, religious or otherwise).

UniArk searches the furthest and deepest to find talent and potential such as the remote Mountainous areas of Afghanistan.

UniArk has the wraparound care that no other scholarship programme has. It offers each student the single most comprehensive 1-1 care and tailored support and fulfils this promise.

UniArk will make your support get to the right person with the most potential, delivered with honesty and care.

We aspire to empower underprivileged students globally, ensuring their entry into leading institutions such as Oxford and Cambridge. By providing a platform for academic and personal growth, we aim to foster the next generation of global leaders, ultimately empowering entire communities that are facing persecution and systematic oppression.



Cambridge SCA

Cambridge SCA exists to encourage the involvement of students in voluntary community work, providing services to disadvantaged groups within the community and giving students a valuable learning experience. We offer more than 70 volunteer opportunities. Ten of these projects are internally managed and known as “internal projects” since they cater specifically to the interests of Cambridge students; the other projects are run by a wide range of external organisations which we recruit for. Every year we find volunteering opportunities for over 300 students.