

# **Standard Sandwich Lunch Menu**

A selection of freshly-made wholemeal, white and granary bread sandwiches:

## Vegan selection

Roasted red peppers with sundried tomato and basil Falafel with tomato chutney and lettuce Houmous with roasted red peppers and rocket Falafel with humous, roasted red peppers and rocket Houmous with roasted vegetables

## Vegetarian selection

Mature cheese with salad and plum chutney
French brie with tomato and basil
Free range egg with mayonnaise and watercress
Cream cheese with salad
Houmous and roasted red peppers

#### Fish selection

Smoked salmon with cream cheese and cucumbers
Prawn with mayonnaise and lettuce
Prawn with sweet chilli sauce
Tuna and salad with mayonnaise and cracked black pepper
Tuna and cucumber with mayonnaise

#### Meat selection

Chicken tikka with cucumber and rocket
Coronation chicken with spinach
Ham with wholegrain mustard and lettuce
Chicken salad with mayonnaise
Gammon ham and mature cheddar

## Savoury items (three of the below)

Mini spring vegetable roll with sweet chilli sauce
Vegetable dim sum
Vegetable pakora
Breaded brie wedge
Mini vegetable quiches
Mango and brie parcels
Battered calamari rings with garlic mayonnaise
Smoked salmon and crab parcels
Cheese and bacon potato skins with sour cream and chive
Chicken satay

## Cakes (Two of the below)

Millionaire Shortbread
Cherry Flapjack
Carrot Cake
Battenburg
Chocolate Cake
Cherry Cake
Ginger Cake
Farmhouse Cake
Blackcurrant Crumble Slice

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Easy peel small fruits

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Homerton bottled water Pressé Tea & coffee