As the College continues to adapt to the challenges of Covid-19, and as we begin the process of welcoming back staff and students to onsite work and study, it has never been more important to look after ourselves and others. We will do all we can to minimise risk to staff, students and visitors, and to make sure they are appropriately supported. However, safety and wellbeing in these extraordinary times is ultimately the responsibility of us all.

In summary, and to ensure that our people and community continue to thrive, each one of us has a responsibility to:

- Behave in a way that minimises the risk of infection
- Treat each other with dignity and respect
- Keep up to date with public health guidance and follow it at all times¹.

**Actions we all need to take**

Wash your hands more often than usual, for 20 seconds using soap and water or hand sanitiser, particularly after coughing, sneezing and blowing your nose, before you eat or handle food, or when you get to work or arrive home.

Cover your mouth and nose with disposable tissues when you cough or sneeze. If you do not have a tissue, sneeze into the crook of your elbow, not into your hand. Dispose of tissues into a disposable rubbish bag and immediately wash your hands with soap and water for 20 seconds or use hand sanitiser.

If you can, wear a face covering in enclosed public spaces where social distancing isn’t possible and where you will come into contact with people you do not normally meet. Social distancing, hand washing and covering coughs and sneezes, remain the most important measures to prevent the spread of coronavirus (COVID-19). Face coverings do not replace these.

Observe Social distancing rules